



WE CAN MAKE A DIFFERENCE!

Are you interesting in helping support the Quality of lives for Seniors?

Some are experiencing:

- Grief & loss
- Disconnect from their loved ones
- Age related health challenges
- A need to connect to their community
- Social isolation
- Cognitive impairment



zoom

Facilitator: **GRACE HANN**

Coordinator: **Charles Leibovitch**

For more information, call:

604 267 1555 or email:

grace@jsalliance.org

charles@jsalliance.org

**SENIOR PEER
SUPPORT
TRAINING
STARTING
SUNDAY
October 25th**

**Come and join
our great team
of volunteers at
Jewish Seniors
Alliance!**

Skills you will learn
during the training:

- Communication skills
- Boundary setting
- Aging health challenges
- Understanding of self-awareness and responsibility
- And many more!

Course outline to be sent out upon request or first interview.